

Potomac Curling Club

League / Program Descriptions

Fall 2011

For more information about any league please visit the PCC website or contact the league coordinator(s).

League Definitions	
Social	Designed for members at any level (0-100 years of experience) who are most interested in having fun. Fosters a fun, relaxed, family-oriented curling time. Teaches game rules, etiquette & strategy
Semi-Competitive	Builds on the basics with experienced skips and an effort to balance the teams. Designed to increase a member's understanding of the mechanics and strategy of the game while creating a consistent curling experience. Requires at least ½ season of curling experience.
Competitive	Competitive-oriented teams playing against high level opponents in games of high level strategy and shot making. Designed to fine tune the highest level of the game. Requires that each player have at least ½ season of curling experience with a combined team curling experience of 5 years.

Leagues / Programs				
League	Description	Commitment	Time	Coordinator(s)
Men's League (Semi-Competitive)	<ul style="list-style-type: none"> • Individual entries • Teams formed by Skips' draft • Capped at 16 teams • Round robin play with play-offs each half season 	Half Season	Mondays, 2 draws (7:15 pm & 9:30 pm)	Richard Chin
Tuesday Matinee (Social)	<ul style="list-style-type: none"> • Individual or couples • Teams formed by the league coordinator • Capped at 32 people 	None (Drop-In)	Tuesdays, 1 draw (5:00 pm)	Linda Murphy
Women's League (Semi-Competitive)	<ul style="list-style-type: none"> • Individual entries • Teams formed by Skips' draft • Capped at 9 teams • Round robin play with play-offs each half season 	Half Season	Tuesdays, 1 draw (7:30 pm)	Rebecca Erickson & Laura Barrantes
Daytime (Social)	<ul style="list-style-type: none"> • Individual or couples entries • Teams formed by the league coordinator • Capped at 32 people 	None (Drop-In)	Wednesdays, 1 draw (daytime)	Brian Galebach & Eric Clawson
Capital League (Competitive)	<ul style="list-style-type: none"> • Team entries • 2 Tiers – Senate & House • 3 Round robins with 2 teams moving from Senate to House and 2 teams moving from House to Senate at the end of each round robin • Play-offs at the end of the season with the winner being awarded the President's trophy 	Full Season	Wednesdays, 2 draws (7:15 pm & 9:30 pm)	Michael Fry
Thursday Night Open (Semi-Competitive)	<ul style="list-style-type: none"> • Team or Individual/Couples entries • Individual/couples entries will be formed into teams by the league coordinator • Capped at 16 teams • There will be 2 tiers with 8 teams each. Team entries will play in 1 tier and league coordinator formed teams will play in the other tier. If more than 8 teams enter, tier determination will be determined by years of experience as a whole team. • Round robin play with play-offs each half season 	Half Season	Thursdays, 2 draws (7:15 pm & 9:30 pm)	Irwin Freed & Kim Belf

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Friday Matinee (Social)	<ul style="list-style-type: none"> Individual or couples entries Teams formed by the league coordinator Capped at 8 teams 	None (Drop-In)	Fridays, 1 draw (5:45 pm)	Frank Stachour
TGIF (Social)	<ul style="list-style-type: none"> Individual or couples entries Teams formed by the league coordinator Capped at 8 teams Round robin play with play-offs each half season 	Half Season	Fridays, 1 draw (8:15 pm)	Frank Stachour & Mark Lawrence
Breakfast Extravaganza (Social)	<ul style="list-style-type: none"> Individual or couples entry Teams formed by the league coordinator Non-members are welcome at a cost of \$20.00 Capped at 8 teams Breakfast is served between 8:30 and 9:30 Instructional period is between 8:15 and 9:00 Players must arrive by 8:45 to guarantee a spot A donation of \$3 to \$4 is solicited for breakfast 	None (Drop-In)	Saturdays, 1 draw (9:30 am)	Ken Wray
Saturday Afternoon (Social)	<ul style="list-style-type: none"> Team entry, league coordinator will help facilitate individuals finding a team No cap on number of teams Play is self-scheduled through the league coordinator with play-offs each half season 	Half Season	Saturdays, 1 draw (12:00 noon)	Brian Galebach & David Baxter
Singles / Mixed Doubles / Team Ladders (Social)	<ul style="list-style-type: none"> Team entry, league coordinator will help facilitate individuals finding a team No cap on number of teams Play is self-scheduled with results of games reported to the league coordinator with play-offs at the end of the season 	Full Season	Anytime, self scheduled	Brian Galebach & David Baxter
Middle Rocker (Program)	<ul style="list-style-type: none"> Includes both elementary and middle school students, throwing lighter-weight middle rocks Weekly sessions start with review and instruction of basic curling skills Will run through some fun drills that introduce delivery, throwing stones, and sweeping Snacks will be served between sessions After snacks, return to the ice for some fun games that teach curling skills and strategies 	Full Season	Sundays, 12:30 pm – 2:00 pm	Emily Aubin with volunteers
Junior (Program)	<ul style="list-style-type: none"> Includes teens in middle and high school and early college-age, throwing regular-weight rocks Weekly sessions start with warm ups, practice delivery and basic skills and running of drills After a quick break, the group is divided into teams of varying skill level for some game play 	Full Season	Sundays, 2:00 pm – 4:30 pm	Emily Aubin with volunteers
Pizza League (Social)	<ul style="list-style-type: none"> Individual or couples entries Teams formed by the league coordinator Capped at 16 teams Round robin play with play-offs each half season Pizza will be served between draws 	Half Season	Sundays, 2 draws (4:45 pm & 7:15 pm)	Justin Walker